#MNDicebucketchallenge

The Ice Bucket Challenge which has gone viral and is sweeping the globe is making its way to Collinsville SHS. To date the challenge has raised over $2 million dollars for Motor Neurone Disease (MND) research and to support those living with the disease and our Admin team wants to their own bit to support this worthy cause (and have a bit of FUN in the bargain!!)

That’s right, Principal Frank Kingma and Head of Departments Sue Lawn, Margaret Farmer and Melinda Daly have decided they’re up for the challenge. Students and the wider community are asked to dig deep. If $200+ is raised by Friday 31 October, ice and water will be tipped over the heads of our Head of Departments. For an extra $50 Mr Kingma will join in the icy challenge and $50 more will see students having fun colouring his hair. So, get your friends and neighbours on board and let’s make this challenge a reality. Donations can be made at the school office.

Collinsville High School and the Year 9 class would like to thank the invaluable support provided by School Nurse Heather, the Collinsville Youth Coalition and Morris Corporation.

**Paul Stanley – “One Punch Can Kill”**

Paul Stanley and his wife Kaye are the founders of the Matthew Stanley Foundation which was established following the loss of their teenage son aged just 15, after he was bashed outside a teenager’s party. Collinsville State High students were fortunate to be included in their recent tour of the Whitsundays region. The Matthew Stanley Foundation seeks to promote non-violence and mutual respect among young people and responsible behaviour in the adult community. A huge thank-you must be extended to both Paul Stanley and Sergeant Nigel Dalton for their unforgettable presentation.

Next P&C Association Meeting - Monday 27 October at 2.45pm in the library
Mocktail Evening

Year 10, 11 and 12 students attended the annual Senior Mocktail Evening. (also a student council fundraiser) earlier this month. Many delicious Mocktails, including a ‘Virgin Pina Colada’ were served up by the Year 11/12 Hospitality students as part of their practical assessment. It was a fun night of dancing and games such as the ‘Mummy’ and ‘Peanut’ games.

Keep a watch on our school these holidays

With the holidays upon us, we need you to look out for after-hours crime in our school.

If you see anything suspicious, please don’t attempt to intervene. Call the School Watch number – 13 17 88.

The School Watch Program is a partnership between Education Queensland, the Queensland Police Service and the State Government Protective Security Service. It aims to reduce vandalism, theft and arson in Queensland schools.

Keep the number handy – 13 17 88 – and let’s work together to help create a safer school community.

Belle/Beau of the Ball Criteria

Panel Composition:
The two students are selected by a panel of three members — a nominee of the Principal, a member of the Teaching Staff and a representative of the organising committee who is ineligible for Belle/Beau of the Ball.

Criteria:
The criteria used to select the recipients are as follows:

Year Level
Preference is given to Senior students with Yr 12 students receiving 5 points, Yr 11 students 4 points, Yr 10 students 2 points and Yr 8/9 students 1 point.

Attire
A maximum of 5 points. Considerations include matching with partner (if relevant), commitment to maintaining standards throughout the event eg footwear, ties etc (though males may remove jacket as appropriate), and acknowledgment of formal character of the event.

Participation
A maximum of 5 points for degree of active involvement in both “old time” and “modern” sections of the program.

Other behaviour
A maximum of 5 points is allotted for students based on general behaviour throughout the evening. Examples of these include interactions, cooperation, showing respect and consideration for others, actively encouraging and helping others to participate and using humour appropriately throughout the evening.

THAT’S TOPS

Congratulations to this fortnight’s recipients of the That’s Tops Awards:
Krysta Taylor (Yr 11) and Mayel Borlagdatan (Yr 11)

‘IMPACT’

LEAVING YOUR MARK ON THE WORLD

Earlier this month all students travelled to the Community Centre to see ‘IMPACT’, a presentation by Motivational Media. Using high-tech graphics, Motivational Media provided a dynamic audio-visual presentation to help students develop strategies to cope with the everyday pressures of contemporary life. It focussed on how we can make a positive impact on others and our own lives.

The following inspiring stories were told at the presentation:

Ryan Campbell was inspired to fly from a young age and by his fifteenth birthday he was able to fly solo. He then set himself the goal of being the youngest person to fly solo around the world. Through determination he was able to overcome numerous hurdles and he was able to achieve this goal in 2013 at age nineteen.

Elia was a sixteen year old suffering from anorexia as a result of negative self-image and anxiety. Writing the song ‘Unbreakable’ helped to give her the resilience needed to find her way through her illness. Her song has also helped other girls working through similar issues.

Sam Ford was walking to a night club for his first time clubbing since turning eighteen. A punch from a drunken attacker left him with a fracture skull and massive long term brain damage. He now requires full time care from his family and finds it very difficult to communicate.

Marita Cheng (2012 Young Australian of the Year) was surprised that so few girls were studying engineering in her university engineering course. To encourage girls to go into this field, she started Robogals which brings robotic workshops to high school students. Robogals now has thousands of volunteers and operates throughout Australia and in the UK, US and Japan.

Daniel Flynn (2014 Victorian Young Australian of the Year) was struck by the contrast between the millions of people with no access to clean water, and the millions of dollars spent in Australia on bottled water, despite having ready access to clean water from the tap. Along with a couple of friends he started the “Thankyou water” social enterprise ; selling bottled water in Australia and investing profits in clean water projects in developing nations.
**IMPORTANT DATES**

**September**
- 19: Last day of school for Term 3
- 7: School resumes
- 11: School Ball
- 13: Miners Memorial Day
- 16: WHAM Expo
- 20: Student Free Day

**October**
- 5: Labour Day Public Holiday
- 6: School resumes
- 7: School Ball
- 11: School Ball
- 13: Miners Memorial Day
- 16: WHAM Expo
- 20: Student Free Day

**Teachers Versus Student Dodge Ball Competition**
Thursday first break was certainly full of ducking, diving, dipping and dodging as the students took on the teachers in a game of dodge ball. In a Round Robin style competition the teacher’s team defeated both the Junior and Senior teams. In the final match of the day saw the Seniors take home the medallions as they defeated the Juniors in what was certainly a very close match. Massive thanks must be extended to the Junior Secondary Student Council who organised this very exciting and successful activity.

**Term III Report Cards**
Interim Report Cards are contained in this mail out. If you do not receive yours please contact the school on 4785 8111 to obtain a copy.

**Holiday Program**

<table>
<thead>
<tr>
<th>September</th>
<th>October</th>
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<tbody>
<tr>
<td>Fri 19</td>
<td>Wed 1</td>
</tr>
<tr>
<td>NRL Night - Cowboys v Roosters</td>
<td>Hip Hop Dance workshop in Proserpine with Eman from Justice Crew $20 per person</td>
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<tr>
<td>Dress in your team colours</td>
<td>Depart 7:00am - Contact Kerry</td>
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<tr>
<td>Tues 23</td>
<td>Wed 2</td>
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<tr>
<td>Barra fun park - Townsville</td>
<td>Movie Day @ CYC</td>
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<tr>
<td>Depart 6:30am - Contact Kerry</td>
<td>Juniors (6-12yrs) start 10:00am</td>
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<tr>
<td>Thurs 25</td>
<td>Fri 26</td>
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<tr>
<td>Day Trip to Bowen 9:00am - 4:00pm</td>
<td>Inflatable ‘Slip ’n’ Slide “w” foam</td>
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<tr>
<td>Fri 26</td>
<td>Normal CYC hours community - all ages</td>
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<tr>
<td>Inflatable ‘Slip ’n’ Slide “w” foam</td>
<td>Mon 29</td>
</tr>
<tr>
<td>Normal CYC hours community - all ages</td>
<td>Launch Zone - Townsville</td>
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<tr>
<td>Thurs 25</td>
<td>Depart 6:30am - Contact Kerry</td>
</tr>
<tr>
<td>Family Brunch at the Skate Park Sausage</td>
<td>Tues 30</td>
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<tr>
<td>Sizzle 10:00 am start High jump mats will be out !</td>
<td>Wed 3</td>
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<tr>
<td></td>
<td>Skate board Pros from “Drawing Boards”</td>
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<td></td>
<td>Rockhampton Skate coaches &amp; Mentors</td>
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<tr>
<td></td>
<td>Come and learn from the Pros at our local skateparks 4:30-6:30pm 8 - 17 years</td>
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**Ball Tickets**
Tickets to this year’s ‘Greek Gods & Goddesses’ themed ball are now available for purchase from the office until Friday 10 October.

Tickets are again priced at an affordable $20.

**Buttonholes & Corsages**
Need a buttonhole or corsage for the CSHS ball? Orders are now being taken at Floral Notes in Bowen. Orders will be delivered FREE to Beaute at the Ville and are able to be collected after 12.30pm on the day of the ball.

Shoulder Corsages $30
Wrist Corsages $25
Buttonholes $10

Any outfit can be matched colour wise.

For more information or enquiries, call Kerry and the team on 4786 2529.
**Community Notices**

**BALL GOWNS FOR SALE**

Miss Anne Purple Formal Gown (worn once)  
Size 6 - $50

Mr K Jade Green Single Strap Formal Gown  
(worn once)  
Size 6 - $100

Moonshine Silver Formal Shoes (no marks or scratches)  
Size 6 / 37 - $30

Phone Pam Hathaway on 07 4785 5716

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**Meals on Wheels**

**DELIVERERS are urgently needed!!**

Deliverers are currently needed to support our service of delivering meals to the elderly in our community. It only takes 1 hour a month of your time.

Please call for more information  
Norrie - 07 4785 5436 or Sue - 07 4785 6934

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**This Week’s Recipe...**

...is brought to us by teacher Mrs McMurray

**CHICKEN, CHILLI JAM & NOODLE STIR-FRY**

**Ingredients:**

- 250g flat rice stick noodles
- 400g chicken breast
- 1 onion
- 1 red capsicum
- 1 Tbl peanut oil
- 2 Tbl chilli jam
- 2 tsp fish sauce
- 2 Tbl light soy sauce
- 90g bean sprouts
- 100g unsalted cashew nuts
- 30g loosely packed basil
- 2 Tbl basil, extra, to garnish

**Method:**

1. Place the noodles in a large heatproof bowl, cover with warm water and soak for 15 – 20 minutes. Drain well.
2. Cut the chicken breast fillets into 5mm slices against the grain. Halve the onion and cut into thin wedges. Cut the capsicum in half, remove the seeds and membrane, then cut into thin strips with a sharp knife.
3. Heat a wok over high heat, add the peanut oil and swirl to coat the side. Cook the onion for 1 – 2 minutes, or until lightly golden. Add the chicken slices and cook for a further 3 – 5 minutes, or until browned and almost cooked through. Stir in the chilli jam, then add the capsicum and cook for another minute.
4. Heat the chicken, chilli jam, noodles, bean sprouts, cashew nuts, basil and the noodles to the wok and toss until warmed through and well combined. Garnish with the extra basil and serve immediately.